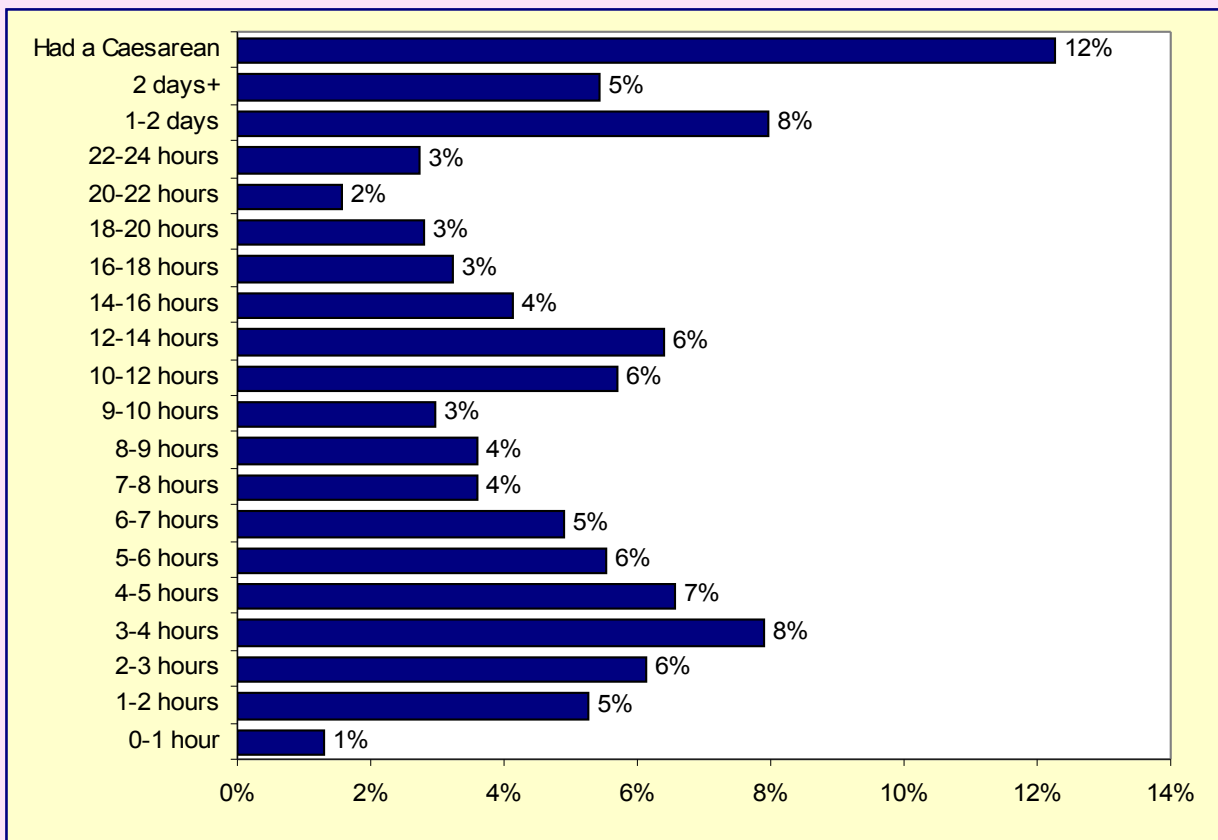


Survey Question:
“How long were you in labour for?”



Information about the survey:

- Our survey shows that the average length of labour experienced by mums is 13 hours. This figure excludes the 1 in 8 women who reported that they had a Caesarean Section.
- Amazingly, 1 in 8 women say that their labour lasted longer than a day.
- There are various stats on labour length but generally it is accepted that:
 - The average length of labour for your first baby is 12-14 hours
 - The average length of labour for your second baby is 7-8 hours
- A study of more than 2000 women comparing the length of labour for homebirths to hospital births (Mehl Study) showed that the reduced intervention means that you can expect homebirths to take longer than hospital births (the study suggests that hospitals unnecessarily tend towards shortening the length of labour)

Useful Links (see the 'more info' tab for all links)	
Link Type	Website Address
Length of labour	www.pregnancy.com.au/labour.htm
Speeding up labour	www.babycentre.co.uk/pregnancy/labourandbirth/labourcomplications/speedinguplabour/
Homebirth compared to Hospital Birth	www.naturalfamilyhome.com/birth.html
Can a waterbirth shorten labour?	www.mumsbirthpools.co.uk/whywater.htm

Survey Stats	
Date of survey	March 2007
Number of mums surveyed	1141
Type of mums surveyed	1141 mums with child aged 0-1 years old