



Information about the survey:

- Nearly 9 in 10 new mums felt happy about their pregnancy. However, women tend to expect to feel happier about their pregnancy than they actually do in reality.
- Only 3% of new mums said that they felt unhappy about their pregnancy.

<b>Useful Links (see the 'more info' tab for all links)</b>	
<b>Link Type</b>	<b>Website Address</b>
BBC – lists associations and support services	<a href="http://www.bbc.co.uk/parenting/support_for_you/pregnancy.shtml">www.bbc.co.uk/parenting/support_for_you/pregnancy.shtml</a>
NHS Direct	<a href="http://www.nhsdirect.nhs.uk">www.nhsdirect.nhs.uk</a>
Advice on fatherhood	<a href="http://www.fathersdirect.com">www.fathersdirect.com</a>
Online advice from health visitors, including “Ask a Health Visitor” and FAQs	<a href="http://www.healthvisitors.com">www.healthvisitors.com</a>
Midwives – online advice, including “Ask A Midwife” and advice	<a href="http://www.midwivesonline.com/index.php">www.midwivesonline.com/index.php</a>
National Childbirth Trust – advice, support, training and local groups	<a href="http://www.nct.org.uk/">www.nct.org.uk/</a>

<b>Survey Stats</b>	
Date of survey	February 2007
Number of mums surveyed	1159
Type of mums surveyed	327 pregnant women; 832 mums with a child age 0 – 12 months